



# Local Linked Support

Working alongside autistic adults, adults with learning disabilities and their carers  
to achieve their goals, no diagnosis required



Keeping Safe



Physical Health



Emotional Wellbeing



Accommodation



Social & Spiritual  
needs



Work, Education  
& Training



Finances



Relationships

## JUNE 2023 DROP-IN SESSIONS

**No appointment required!**

Scan the QR code above with your phone camera for directions to each location

### Colchester

Email [llscolchester@essex.gov.uk](mailto:llscolchester@essex.gov.uk) for more information

**One Colchester Community Hub** — Every Thursday, 1pm-3pm

**Colchester Jobcentre, Chapel Street** — Every Monday

and Wednesday 14th, 10am-3pm

### Braintree

Email [llsbraintree@essex.gov.uk](mailto:llsbraintree@essex.gov.uk) for more information

**Valero Lounge** — Every Tuesday, 10am-12pm

**Braintree Library** — Every Tuesday, 12pm-2pm

**Halstead Leisure Centre** — Every Wednesday, 10am-11:30am

### Harlow

Email [llsharlow@essex.gov.uk](mailto:llsharlow@essex.gov.uk) for more information

**Harlow Library** — Every Monday, 11:30am-1:30pm

**Harvey Centre Jobcentre** — Every Wednesday, 1:30pm-3:30pm

